

Muir Woods National Monument

National Park Service
U.S. Department of the Interior

Golden Gate
National Recreation Area



May 2014 Park Events for the Entire Family!

Towering Trees: A Childrens Program **Sun. May 4, 10:30-11:45am**

Meet a tree, play with sounds and colors, learn about micro hiking and earth windows. Join Sherry Keith in exploring nature through song, music, and art. Suitable for children ages 3-7; must have adult or sibling (10 years+) present.

International Migratory Bird Day (IMBD) **Sat. May 10, 8am-2pm**

IMBD is celebrated all over the world and we welcome you for a day of activities, demonstrations, and fun for all ages. Ever wonder why birds matter; find out and learn what you can do to help migrating birds. Activities in the plaza are free and entrance fees apply for park entrance.

Owl Wars **Sat. May 10, 6:30pm-9:30pm**

Come join us for a strenuous 5 mile hike as we look and listen for the endangered native northern spotted owl. Bring a flashlight. \$3 optional material fee. Suitable for adults.

Caminando Entre los Gigantes **domingo, 11 de mayo, 1-2:30pm**

Descubre los secretos de los árboles gigantes que residen en el Bosque Muir en este paseo fácil de una milla.

Walking Among the Giants **Sun. May 11, 1-2:30pm**

Discover the secrets of the giant trees that reside in Muir Woods on this easy 1-mile walk in Spanish.

Muir Woods After Hours **Wed. May 14, 7pm- 9pm**

Join us for an evening walk through the park which begins at dusk and concludes after sunset. We'll listen for wildlife and use our senses to guide us through the trails. Bring a flashlight!

Redwoods to the Ocean **Sun. May 18, 9:30am-1pm**

Join Ranger Lucy from Muir Woods all the way to Stinson Beach along one of Marin's famous trails, the Dipsea, on this moderate 5 mile one-way hike. Suitable for people ages 18 and up.

United Nations Day **Mon. May 19, All Day**

Walk in peace and quiet to Cathedral Grove, a beautiful old-growth redwood setting and historic site where United Nations delegates met in 1945. Plan your own thoughtful visit or check our program board upon arrival.

Forever Spring **Sat. May 24, 9:30am-12:30pm**

Bring your family on this slow and moderate walk through the redwood forest on the Fern Creek Trail to Camp Alice Eastwood and back. Discover wildlife, plants, and ghost redwoods. Learn about families who came by gravity car over 100 years ago. Not suitable for strollers or wheelchairs.

Reserve your spot today by calling 415-388-2596

Learn more at www.nps.gov/muwo/



***For all ranger led programs wear sturdy shoes, bring water and snacks, and meet at the Visitors Center. Space is limited!**